

IMPORTANT REMINDER TO ALL PROCEDURE PATIENTS

If you are having an Upper Endoscopy, Colonoscopy, and/or ERCP:

**YOU WILL BE SEDATED FOR THIS PROCEDURE AND WILL REQUIRE AN ADULT TO DRIVE YOU HOME. YOUR DRIVER WILL BE REQUIRED TO STAY AT THE FACILITY DURING YOUR ENTIRE PROCEDURE.**

**The facility at which you are scheduled has the right to delay or cancel your procedure in the event you do not have an adult with you to drive you home.**

**If you are unable to keep your appointment, please call our office as soon as possible to reschedule. We do reserve the right to charge for missed appointments or appointments cancelled less than 72 hours in advance.**

Your procedure is scheduled with Dr. \_\_\_\_\_

Procedure \_\_\_\_\_ Date \_\_\_\_\_ Location \_\_\_\_\_

Arrival Time \_\_\_\_\_ Procedure Time \_\_\_\_\_

If you have any questions, please call \_\_\_\_\_ at (919) 783-4888.

If your procedure is scheduled at:

WAKE ENDOSCOPY CENTER/RALEIGH MEDICAL GROUP/take the elevator to the second floor, see map for directions. Address: **2601 Lake Drive Ste 201 Raleigh, NC 27607 (919) 783-4888 or 1-800-491-7236**

CLAYTON ENDOSCOPY CENTER- see map for directions.  
Address: **900 S Lombard Street Ste 104 Clayton, NC 27520 (919) 341-3547**

WAKE FOREST ENDOSCOPY CENTER-see map for directions  
Address: **10540 Ligon Mill Rd Suite 109 Wake Forest, NC 27587 (919) 439-3393**

REX HEALTHCARE-**please use the Main Entrance and go to Patient Registration**

WAKE MED CARY-**check in at admission/business office**

JOHNSTON AREA MEDICAL CENTER-**please use the Main Entrance and go to Patient Registration**

**If you have any questions, please call:**

**Raleigh Office: (919)783-4888 or 1-800-491-7236**

**Cary Office (Dr. Gumber & Dr. Reddy): (919) 858-0892**

**Clayton Office (Dr. Whitt): (919) 341-3638**

**Dr. Hutzenbuhler: (919) 787-7226**

**Wake Forest Office: Dr. Sachdeva (919) 562-6589**

**WAKE ENDOSCOPY CENTER,LLC**  
**PREPARATION FOR UPPER ENDOSCOPY**  
**(GASTROSCOPY)**

**\*\* If you take Coumadin, Warfarin, Pradaxa, or any other blood thinner please call our office for specific instructions.**

**1. DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT**  
**ON \_\_\_\_\_**

**\*\*If your procedure is scheduled for noon or later, you may have clear liquids until 6 am.**

**2. Please take all regularly scheduled medications with a small amount of water the day before the procedure.**

**\*\* If you use inhalers, bring them with you.**

**\*\*\* Diabetic medication adjustment:** Day before procedure: take your normal am dose or insulin or oral medication; take ½ of pm insulin dose, no oral diabetic medications. Day of procedure: do not take any diabetic medications until after the procedure.

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Your procedure is scheduled with Dr. \_\_\_\_\_

Date of Procedure \_\_\_\_\_ Location \_\_\_\_\_

Arrival Time \_\_\_\_\_ Procedure Time \_\_\_\_\_

If you have any questions, please call \_\_\_\_\_ at (919) 783-4888

## **GASTROINTESTINAL ENDOSCOPY**

You have been scheduled for gastrointestinal endoscopy also called esophagogastroduodenoscopy (EGD). The purpose of this test is to identify any abnormalities in your esophagus, stomach and/or duodenum by passing a flexible fiber optic tube through your mouth and down the back of the throat into the esophagus. The results obtained from this test may explain the cause of symptoms such as abdominal pain, nausea, reflux, or difficulty swallowing.

### **HOW DO I PREPARE FOR THE EXAM?**

Do not have anything to eat or drink after midnight the night prior to the exam. Please notify our office immediately if you are taking any blood thinners (Coumadin, Plavix, Aggrenox or any other blood thinners), or any diabetic medications. Please follow the enclosed instructions.

### **WHAT OCCURS DURING THE EXAMINATION?**

You will be sedated for the exam with the drug Propofol by anesthesia and monitored by the nurse anesthetist. A cannula will be placed in your nostrils to administer oxygen through. Please notify our office of any medication allergies and or allergies to soybeans or eggs. The physician will use a small, lighted flexible fiber optic tube, thinner than most of the food you swallow to examine the lining of the upper digestive tract. The procedure does not obstruct breathing passages. The physician may biopsy (take tissue samples) during the examination. The specimens will be sent to a pathologist for examination under the microscope. Biopsies are not painful.

### **ARE THERE ANY POSSIBLE COMPLICATIONS?**

An EGD is safe and is considered a very low risk procedure. Complications can occur but are rare. Possible complications include: hemorrhage (bleeding), perforation (tearing) of the esophagus or stomach, pneumonia, or an adverse reaction to the medications used of sedation.

### **WHAT CAN I EXPECT AFTER THE PROCEDURE?**

Do not eat or drink anything for one hour after your exam. You may feel sleepy for several hours after the examination. Do not plan to return to work, drive, or sign any legal documents for the remainder of the day. You may experience a mild sore throat lasting one or two days after the exam. You may use throat lozenges or salt water gargles for relief. If a biopsy is taken during your examination, our office will call you with your pathology results in 7-10 days.

Revised 03/07/2017 SFP RN